

2024 - 2026

Community

Health Improvement

Plan

of

Morrill County Community

Hospital

live, learn, work, and play



For a Healthier Panhandle

PREPARED BY

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IN COLLABORATION WITH

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Scotts Bluff County Health Department
Box Butte General Hospital
Chadron Community Hospital
Gordon Memorial Hospital
Kimball Health Services
Morrill County Community Hospital
Perkins County Health Services
Regional West Garden County
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INTRODUCTION

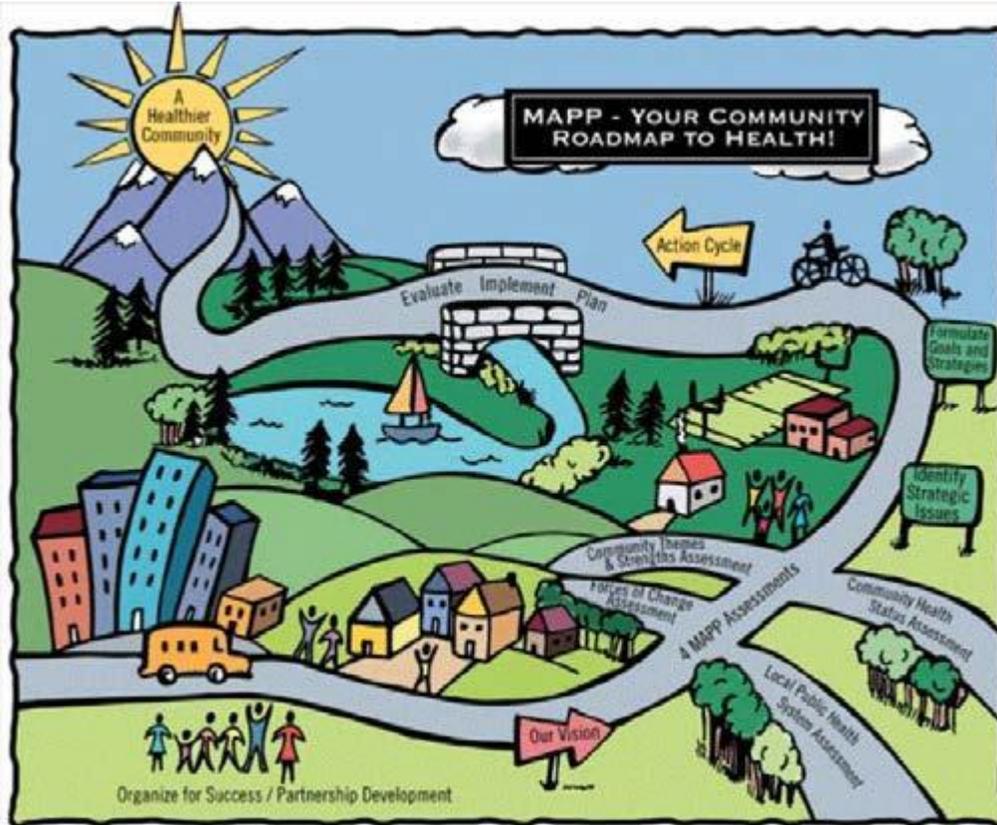
The COVID-19 pandemic limited the regional capacity to attend to the priorities identified in the last cycle. Over the past year and a half, we have been able to grow our capacity and our team witnessed active hope in our partners that is alive and well despite all that has been going on. This cycle (2024-2026) presents an opportunity to make even more movement toward our collective goals. Regional priorities for the Panhandle Public Health District service area (12 counties of the Nebraska Panhandle) were determined before the priorities for each hospital service area in the district. Every hospital is aligned with the regional goal to improve access to behavioral and mental health. There are pieces of the other regional priorities that can be found in each hospital's plans for the coming years. The spirit of collaboration feels more present than ever.

THE VISION

The vision for this cycle of Mobilizing for Action through Planning and Partnerships is: When we align our resources a safer and healthier Panhandle will be one where wellness and mental well-being are incentivized, there is access to safe and affordable housing, there is increased social connectedness, we have a sustainable workforce and there are development opportunities, the health system collaborations are optimized, there are robust systems to address behavioral health, our community is equitable, we advocate to address access to care, we have resources available, we have safe built environments, and we prevent Adverse Childhood Experiences (ACEs).

THE PROCESS

Mobilizing for Action through Planning and Partnerships (MAPP), a partnership-based framework, has been used for the Community Health Needs Assessment (CHNA) and Community Health Improvement Plan (CHIP) development process in the Panhandle since 2011, and continued to be used for this round of the CHNA and CHIP. MAPP emphasizes the partnership with all sectors of the public health system to evaluate the health status of the region it serves, identify priority areas, and develop plans for implementation.



The MAPP model has six key phases:

1. Organize for success/Partnership development
2. Visioning
3. Four MAPP assessments
 - a. Community Themes and Strengths Assessment (CTSA)
 - b. Local Public Health System Assessment
 - c. Forces of Change Assessment
 - d. Community Health Status Assessment

4. Identify strategic issues

5. Formulate goals and strategies

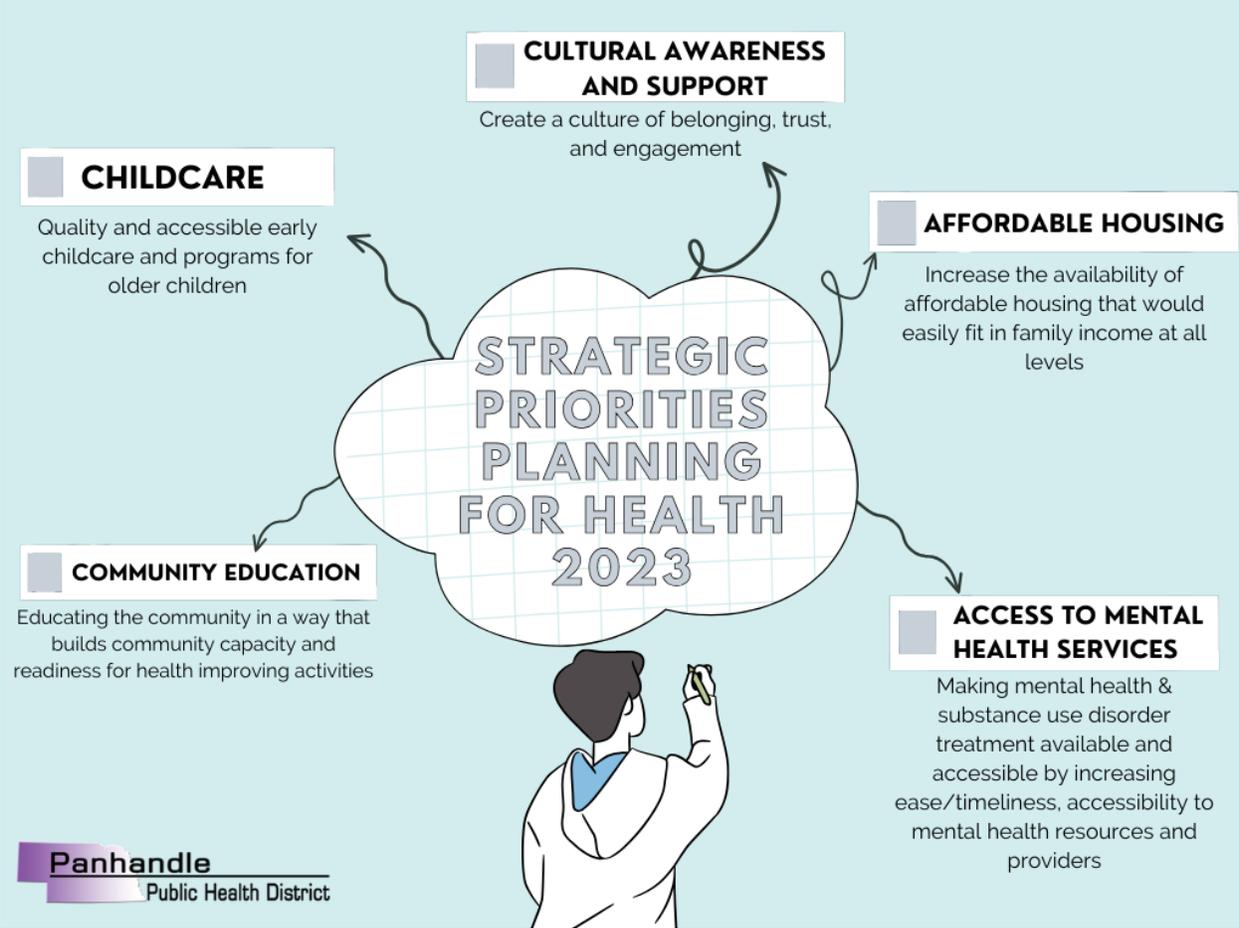
6. Take action (plan, implement, and evaluate)

This document encompasses phases five and six. Phases one through four can be found in the Community Health Needs Assessment.

GOALS

The first four phases of the MAPP model are summarized in the CHNA component of this report. For this cycle, the regional priorities were selected first and then the community hospital selected their priorities.

The goals selected for the region are:



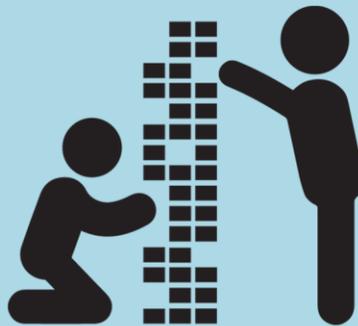
Morrill County Community Hospital chose the following priorities:

2024-2026 Morrill County Community Hospital Community Health Improvement Plan Priority Areas

Expand Mental Health Resources



Quality and Affordable Childcare After School



Expand Workforce Rental & Permanent Housing



ENGAGING THE COMMUNITY

A survey was created at the end of 2022 and distributed widely online through many email lists and hospital waiting rooms. A postcard with the link to the survey was also sent out to the most isolated communities in the Panhandle (rural counties without hospitals in them, neighborhoods where a high proportion of the residents are non-white, and rural communities that lack common areas for distribution of survey materials). 1100 participants filled out the survey. Community organizations were invited to participate in several meetings throughout 2023 to develop the vision and priorities for the cycle. Community organizations also participated in a survey to describe their gifts that can support community health improvement efforts. Between all of the meetings and surveys, 32 organizations participated.

ABOUT THE PLAN

The Morrill County Community Hospital Community Health Improvement Plan includes goals and objectives for three years and work plans that are intended to be periodically updated. The goals, strategies, and objectives are aligned with national initiatives such as Healthy People 2030 and the Panhandle Community Health Improvement Plan. The specific alignments are called out in the Goals and Objectives section. The objectives include quantifiable performance

measures based on data included in the CHNA or community feedback surveys conducted throughout the cycle.

Establishing the performance measures for the objectives is done on a three-year cycle. The hospitals operate on three-year CHIP/CHA cycles and data is often not made available until a year or two after it was collected.

Monitoring the CHIP will be done by the hospitals and by the communities of practice. The communities of practice are an evolution of the workgroups. They will be focused on specific strategies that several hospitals are working on concurrently. The purpose will be to help hospitals learn more about the nuances of a very specific policy or program implementation. Panhandle Public Health District (PPHD) will collect the data outlined in the CHIP to be presented to the MAPP steering committee and the communities of practice each year. In addition, the party responsible for each activity will present to the committee at least annually to report progress, successes, challenges and needs. The MAPP steering committee meets quarterly and the communities of practice will meet every six months.

The work plan includes activities that community partners have agreed to conduct in the first year of the cycle. The agreements are based on the mission and resources of the agency and are built on evidence- informed best practices. The activities included in the plan include a reference to the best practice and some indication of the agency's ability to support the activity and ongoing needs. The work plan will be reviewed annually to recommit to the activities each hospital and the regional collaboration will complete in that year. With the help of communities of practice and ongoing reviews of the work plans with shorter deadlines, we hope to have more efficient success. Panhandle Public Health District will be responsible for coordinating and scheduling the community of practice and steering committee meetings.

MORRILL COUNTY COMMUNITY HOSPITAL COMMUNITY HEALTH IMPROVEMENT PLAN GOALS AND OBJECTIVES

STRATEGIC GOAL A: IMPROVE ACCESS TO CHILDCARE THAT IS ACCESSIBLE AND QUALITY

Goal A1: Develop an afterschool program for the community

Strategy A1.1 *Convene a meeting with community partners to discuss the logistics of an after-school program*

Objective A1.1.1

Meetings are held quarterly

Objective A1.1.2

A proposal is drafted for the afterschool program

Strategy A1.2 *Pursue grants to support an afterschool program*

Objective A1.2.1

Funding is secured to support a pilot year of the after-school program

Strategy A1.3 *Host a focus group with teenagers to gather information about what would motivate them to volunteer their time for a program like this*

Objective A1.3.1

Volunteers to help run the program are secured

STRATEGIC GOAL B: IMPROVE ACCESS TO MENTAL HEALTH CARE

Goal B1: Provide community education for coping with stress

Strategy B1.1 *Host community-wide QPR training*

Objective B1.1.1

5% of the community members are QPR trained

Strategy B1.2 *Train Morrill County Community Hospital staff on mental health resources available to them*

Objective B1.2.1

Staff express increased comfort in handling mental health crises

Strategy B1.3 *Increase community education of available mental health resources*

Objective B1.3.1

Fewer mental health crises are brought to the Morrill County Community Hospital ER

Goal B2: Increase the region's capacity to provide mental health resources to those who need it

Strategy B2.1 Attend a Situation Table Training

Objective B2.1.1

Morrill County Community Health will participate in the Situation Table at least once per month

Objective B2.1.2

Morrill County Community Health will have strengthened partnerships with organizations that can provide mental health services

STRATEGIC GOAL C: IMPROVE AVAILABILITY OF HOUSING IN MORRILL COUNTY

Goal C1: Support Morrill County joining the land bank

Strategy C1.1 *Attend city council meetings where the land bank is being discussed and advocate for joining the project*

Objective C1.1.1

The city will approve Morrill County to be a part of the land bank

Goal C2: Increase the number of available units in Morrill County

Strategy C2.1 *Support new housing development proposals*

Objective C2.1.1

Housing development proposals will be passed

Strategy C2.2 *Support the development of an assisted living facility*

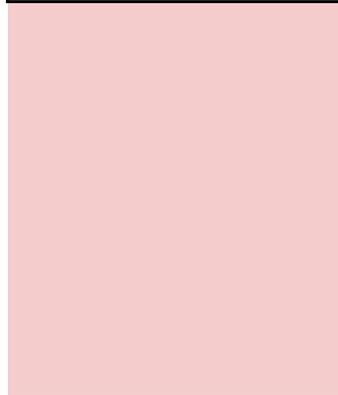
Objective C2.2.1

Morrill County Community Hospital will convene partners who can make progress on an assisted living facility

Year 1 Workplan

Approach	Activities	Responsible Parties	Goal #	Time Frame
<i>Childcare</i>	<i>Convene four (4) meetings with community partners to discuss an afterschool program</i>	<i>MCCH Leadership Team, PPHD</i>	<i>A1.1</i>	<i>January 2024 - December 2024</i>
	<i>Host a focus group with teenagers to gather information about what would motivate them to volunteer their time for a program like this</i>	<i>MCCH Leadership Team, PPHD</i>	<i>A1.3</i>	<i>July 2024 - December 2024</i>
<i>Mental Health</i>	<i>Host community-wide QPR workshop</i>	<i>MCCH Mental Health Team</i>	<i>B1.1</i>	<i>January 2024 - December 2024</i>
	<i>Attend a Situation Table Training</i>	<i>MCCH Leadership Team, Mental Health Team</i>	<i>B3.1</i>	<i>January 2024 - July 2024</i>
<i>Housing</i>	<i>Attend city council meetings where the land bank is being</i>	<i>MCCH Leadership Team</i>	<i>C1.1</i>	<i>January 2024 - July 2024</i>

	<i>discussed and advocate for joining the project</i>			
	<i>Assign a team member to watch for housing development notices</i>	<i>MCCH Leadership Team</i>	<i>C1.2</i>	<i>January 2024 - December 2024</i>
	<i>Attend city council meetings to advocate for housing developments</i>	<i>MCCH Leadership Team</i>	<i>C1.2</i>	<i>January 2024 - December 2024</i>
	<i>Host meeting with partners who may have an interest in developing an assisted living facility</i>	<i>MCCH Leadership Team</i>	<i>C1.3</i>	<i>January 2024 - December 2024</i>



Sources for Evidence-Based Practices

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